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## A.A. Deakin's Turn-a-bout

The phrase "Turn-a-bout" seems to be a play on the concept of turning one's life around, which is a central theme in the recovery process outlined by Alcoholics Anonymous (A.A.). A.A. emphasizes the importance of self-reflection, admitting powerlessness over alcohol, and seeking a spiritual awakening or higher power to aid in recovery. The 12 Steps of A.A. guide individuals through this transformative journey, encouraging a moral inventory, making amends, and continuing personal growth and service to others. While "A.A. Deakin's Turn-a-bout" does not appear to be a recognized title within A.A. literature, the principles

it suggests are reflective of the organization's mission to offer a path to sobriety and a new way of living.